HOME COMMUNION

THE COMMUNION

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid; cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy Holy Name; that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Let us humbly confess our sins to Almighty God.

**Almighty God, our Heavenly Father,**

**We have sinned against thee,**

**In thought and word and deed,**

**And in what we have left undone,**

**We are truly sorry and repent all our sins.**

**Have mercy upon us, most merciful Father;**

**Forgive us all that is past;**

**And grant that we may ever hereafter**

**Serve and please thee in newness of life,**

**to the honour and glory to thy name;**

**through Jesus Christ our Lord. Amen.**

*The Priest says:*

Almighty God have mercy upon you; pardon and deliver you from all sins, confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

**THE MINISTRY OF THE WORD**

**The Collect of the day**

*OR*

God, who has prepared for those who love thee such good things as pass man’s understanding: pour into our hearts such love toward thee, that we loving thee above all things and through all things may obtain thy promises, which exceed all that we can desire; through Jesus Christ our Lord. **Amen.**

*OR*

Heavenly Father, Author of life and health; comfort and restore those who are sick, that they may be strengthened in their weakness and trust in thine unfailing love; through Jesus Christ our Lord. **Amen.**

**The Epistle 2 CORINTHIANS 1.3-5**

**The Holy Gospel JOHN 6.53-58 or JOHN 3.16**

**THE MINISTRY OF THE SACRAMENT**

The Lord be with you;

**And with your spirit.**

Lift up your hearts;

**We lift them up unto the Lord.**

Let us give thanks unto our Lord God;

**It is meet and right so to do.**

*The Priest continues:*

It is very meet, right and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy Glorious Name, evermore praising thee and saying:

**Holy, Holy, Holy, Lord God of Hosts,**

**Heaven and earth are full of thy glory.**

**Glory be to thee, O Lord most high.**

**Blessed is he who comes in the Name of the Lord.**

**Hosanna in the highest.**

*EITHER As* *on pages 13 and 14 of the Book of Common Prayer for use in the Church in Wales OR*

We praise thee, Almighty Father, for creating all things and for making us in thine own image. We thank thee that because all have fallen into sin thou gavest thine only son, Jesus Christ, to live as one of us, to suffer death on the cross and to rise again for our salvation.

In the same night that he was betrayed, he took Bread,

*(Here the Priest takes the Bread into his hands)*

And when he had given thanks, he broke it, and gave it to his disciples, saying, Take, eat, this is my Body which is given for you: do this in remembrance of me.

Likewise after supper he took the cup,

*(Here the Priest takes the Cup into his hands)*

And when he had given thanks, he gave it to them, saying, Drink ye all of this, for this is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins: do this, as oft as ye shall drink it, in remembrance of me. Therefore, heavenly Father, as we now proclaim his death and resurrection, we offer unto thee these thy gifts, this Bread and this Cup, and ask thee to accept our sacrifice of praise and thanksgiving. Send thy Holy Spirit upon us and upon these gifts that we who partake of this holy Communion may be united in peace and love with all thy faithful people; through Jesus Christ our Lord; by whom and in whom and with whom in the unity of the Holy Spirit, all honour and glory are thine, Almighty Father, now and forever. **Amen.**

*The Priest breaks the Bread, saying:*

The Bread which we break;

**Is it not the communion of the Body of Christ?**

We who are many are one Bread, one Body;

**For we are all partakers of the one Bread.**

As our Saviour Jesus Christ has taught us we are bold to say:

**Our Father, who art in heaven,**

**Hallowed be thy name;**

**Thy kingdom come;**

**Thy will be done;**

**On earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**As we forgive those who trespass against us.**

**And lead us not into temptation;**

**But deliver us from evil.**

**For thine is the kingdom,**

**The power, and the glory,**

**For ever and ever. Amen.**

Receive the Body and Blood of our Lord Jesus Christ given for you, and feed on him in your heart(s) by faith with thanksgiving.

The Body of Christ keep you in eternal life. **Amen.**

The Blood of Christ keep you in eternal life. **Amen.**

*OR*

The Body and Blood of Christ keep you in eternal life. **Amen.**

*The service shall conclude as follows:*

**Praise the Lord O my soul: and all that is within me praise his holy name.**

**Praise the Lord O my soul: and forget not all his benefits;**

**Who forgiveth all thy sin: and healeth all thine infirmities.**

(Psalm 103. 1-3)

The Blessing:

The peace of God which passes all understanding, keep your heart(s) and mind(s) in the knowledge and love of God, and of his Son, Jesus Christ our Lord: and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you always. **Amen.**

 An Act of Faith

**My God, I believe in you and all that your Church teaches, because your word is true.**

**Lord, I believe; help my unbelief.**

An Act of Hope

**My God, I hope in you for grace and for glory, because of your promises, your mercy and your power.**

**Lord, in you have I trusted; let me never be confounded.**

An Act of Love

**My God, I love you because you alone are holy and worthy of love; help me to love you with all my heart and my neighbour as myself.**

**Lord Jesus, I adore you; make me love you more and more.**

An Act of Contrition

**My God, I am very sorry for all the sins by which I have grieved you,**

**And I resolve to try by your grace never to sin again.**

An Act of Self-Dedication

**My God, I give myself to you, in union with the offering of Jesus Christ on the Holy Cross.**

**Saviour of the world, by your Cross and Precious Blood you have redeemed us; save us and help us we humbly beseech you, O Lord.**

An Act of Spiritual Communion

**Soul of Christ, sanctify me.**

**Body of Christ, save me.**

**Blood of Christ, refresh me.**

**Water from the side of Christ, wash me.**

**Passion of Christ, strengthen me.**

**O Good Jesus, hear me.**

**Within Thy Wounds, hide me.**

**Suffer me not to be separated from Thee.**

**From the malicious enemy defend me.**

**In the hour of my death call me.**

**And bid me to come to Thee.**

**That with all Thy Saints I may praise Thee**

**For ever and ever. Amen.**